

Whitney Marie Banales

Ms. Erdman

Multimedia 1 P. 2

September 9, 2016

UC Personal Insight Essay

**5. Describe the most significant challenge you have faced and the steps you have taken to overcome this challenge. How has this challenge affected your academic achievement?**

One of my challenges is that I really can't focus on one thing. My mind goes to different places while I'm trying to work on something, so I would have to make sure nothing around me is distracting me. Another thing on this challenge, that if I was working on something I could lose focus really fast and not even recognize it but I'm trying to work on myself to be a better student. I also want to make sure I don't lose focus as much as I used to because if I lose focus then I don't get to get the grade I would like to get. This challenge means a lot to me because I want to make sure I can get straight A's to make my parents proud and not have them worry if I'm getting behind credits. I also want to make sure that I'm listening to everything the teachers are talking about so I understand how to do the next assignment is due and how to do it.

This challenge affected me by taking a lot of things away from me like, I would have to put my phone in an entire different place. Also I would have to work in a place where no one else is so they don't distract me. But it changed in a good way, because if I had these things still I wouldn't be able to finish the work I'm doing. School is very important, so me not being able to

focus very well is hard to do work that I really don't get because if I don't focus and understand it then how will I learn to do the right thing and learn to focus if I can't understand. But while I'm in my classes I've learned to just watch the teacher while she's talking so I could block out the rest and try to at least focus on the assignment so I don't get a horrible grade.

Also this challenge, change my routine on how I do thing. Like I go home, start my homework but making sure I have no distractions so I don't lose focus on my home, but some questions are really hard for me to understand so that's when I ask one of my family members if they understand. But mostly I do my work by myself because they don't understand, I really don't know how but they tell me that they didn't learn the things were learning about. But I would sit in my room or the kitchen table and do my homework for hours because I get a lot of homework and I always want to make sure I have things right because I don't like looking dumb.